Adult Tennis Programs at Château Élan Racquet Club



Tennis 101* Wednesdays 9:00-10:00am, Saturdays 12:00-1:00pm

Designed for beginner adults, Tennis 101 is a 4-week class that will provide you with the basic skills and knowledge to move forward with confidence in our tennis program. This class is a great opportunity for those who have never played tennis before and are interested in a lifetime sport!

Price: 4 Week Session Members: \$40 | Non-Members: \$60 | Drop In Members: \$22 | Non-Members \$27

Tennis 201* Wednesdays 10:00-11:00am

Take the next step in your journey with Tennis 201! Designed for recent 101 graduates or players who have not picked up a racquet in a while, Tennis 201 builds on the fundamentals while introducing strategy and point play instruction.

Price: 4 Week Session Members: \$40 | Non-Members: \$60 | Drop In Members: \$22 | Non-Members \$27

Fast Feed Clinic Wednesdays 8:00-9:00am

Take your cardio routine out of the gym and onto the tennis court! Fast feed is a great workout for players of all abilities, in fact, NO TENNIS EXPERIENCE IS REQUIRED!

Price: Members: \$30 | Non-Members: \$38

Attack the Net Clinic Thursdays 9:00-10:30am

This clinic will focus on the net game while looking for opportunities to end a point while you are in control. Volleys, overheads and approach shots will be the main focus to build an aggressive transition to take control of the court and finsh strong at the net. Price: Members: \$30| Non-Members: \$38

Groundstroke Galore Tuesdays 9:00-10:30am

Clinic focusing on baseline play with plenty of points! Forehand and backhand instruction to ensure growth in the baseline game while building points!

Price: Members: \$30 | Non-Members: \$38

Sip N' Serve Wednesdays 6:00-7:00pm

Build your social network on (and off) the court with a fun and flexible session of round-robin play with players of a similar skill level followed by refreshments and mingling!

Price: Members: \$30 | Non-Members: \$38

Doubles Strategy Clinic Saturdays 10:00-11:30am

Open clinic which focuses on drills, games and matchplay scenarios to further your doubles play! Looking to try different notions of playing and or practice for a league match? This is the clinic for you!

Price: Members: \$30 | Non-Members: \$38

Sunday Funday Open Clinic Sundays 10:00-11:30am

A perfect way to start off the week! Share in the Sunday Funday with fun tennis points and music. Price: Members: \$30 | Non-Members: \$38

^{*}Classes will be held every other month (Tennis 101 - February, April | Tennis 201 - January, March, May)











