

# Adult Tennis Programs at Château Élan Racquet Club

## **Tennis 101 Tuesday 7:00-8:00pm**

Designed for beginner adults, Tennis 101 is a class that will provide you with the basic skills and knowledge needed to move forward with confidence in our tennis program.

*Price: Members: \$15 | Non-Members \$25*

## **Tennis 201 Thursday 7:00-8:00pm**

Take the next step in your journey with Tennis 201! Designed for recent 101 graduates or players who have not picked up a racquet in a while, Tennis 201 builds on the fundamentals while introducing strategy and point play instruction.

*Price: Members: \$15 | Non-Members \$25*

## **Cardio Tennis Friday 8:00-9:00am**

Take your cardio routine out of the gym and onto the tennis court! Cardio Tennis utilizes fast feed as a great workout for players of all abilities, in fact, NO TENNIS EXPERIENCE IS REQUIRED!

*Price: Members: \$25 | Non-Members \$35*

## **Intermediate Co-Ed Clinic Monday 6:30-7:30pm**

Designed to continue the growth of fundamentals while improving point play strategy during matches. This clinic focuses on your overall game, with many different types of drills and matchplay scenarios.

*Price: Members: \$25 | Non-Members \$35*

## **Men's Clinic Wednesday 6:30-7:30pm**

Build your social network on (and off) the court with a fun and flexible session of clinics and round-robin play with players of a similar skill level followed by refreshments and mingling!

*Price: Members: \$25 | Non-Members \$35*

## **Ladies Clinic Friday 9:00-10:00am**

Build your social network on (and off) the court with a fun and flexible session of clinics and round-robin play with players of a similar skill level!

*Price: Members: \$25 | Non-Members \$35*

## **Saturday Co-Ed Clinic Saturday 10:00-11:30am**

Open clinic which focuses on drills, games and matchplay scenarios to further your doubles play! Looking to try different notions of playing and or practice for a league match? This is the clinic for you!

*Price: Members: \$30 | Non-Members \$40*

## **Seniors Clinic Friday 10:00-11:00am**

This clinic is designed for those that are looking to continue to build upon the fundamentals while learning new and innovative game strategies. It's also a great way to build your tennis network and stay connected with lifetime friends through sharing the passions of a lifetime sport.

*Price: Members: \$15 | Non-Members \$25*

## **Sunday Co-Ed Clinic Sunday 10:00-11:30am**

Open clinic which focuses on drills, games and matchplay scenarios to further your doubles play! Looking to try different notions of playing and or practice for a league match? This is the clinic for you!

*Price: Members: \$30 | Non-Members \$40*

## **Leagues Team Clinic**

Designed for team captains to have their entire team practicing together for league matches. Focuses on matchplay scenarios and on doubles strategy, this a great way for team-mates to practice together.

*Price: 4 Week Team Session Members: \$360 | Non-Members: \$432 | Drop In Members: \$30 | Non-Members \$40*

- Captains will schedule practice with the Director
- Minimum of 6 players
- Must commit for the entire season
- 1.5 hours of practice

**Register on the App:**



For more information, please contact the Director of Racquets,  
Alejandro Aguirre at 312-508-9948 or email [aaguirre@cliffdrysdales.com](mailto:aaguirre@cliffdrysdales.com).



[www.chateauelanracquetclub.com](http://www.chateauelanracquetclub.com)